Deepen Your Purpose. Take Your Work to the Next Level.

DESTINY Write Constraints Writ

A Revolutionary Approach to Manifesting a Vivid Vision of Your Most Fulfilling Future in Business and Life



The methods described within this book are the author's personal thoughts, experiences and opinions. DESTINY *writing* is designed to encourage new clarity and broaden perspective. The content is not intended to be a definitive set of instructions. The author makes no representations or warranties of any kind with respect to this book or its contents including advice for a particular purpose. Always use your own intuition and common sense. You may discover there are other methods and materials to accomplish the same end results. This book provides content related to education, creativity, meditation, mindset, success and leadership topics. As such, use of this book implies your acceptance of this disclaimer.

Copyright © 2020 DESTINY WRITING Marsh Engle Media. All Right Reserved.

DESTINY WRITING and all accompanying content is the 2020 Registered Trademark of Marsh Engle Media. Marsh Engle Media retains all rights, titles, and interest in the content and proprietary information provided in this program and materials. Accordingly, the Content may not be copied, distributed, re-published, uploaded, posted, transmitted in any way without the prior written consent of copyright owner, or unless authorized in writing, except that you may print out a copy of the Content solely for your person use. When we truly know ourselves to be magnificent creatures with an infinite abundance of creativity, energy and foresight, then we tend to behave in ways that are bold, brave, confident, and relentless in our commitment to manifest a radiant life of our dream.

WEEK TWO

THE CREATOR: Creators use foresight to create a vision of possibilities into a stunning work of art.

At the soul of the creator archetype is a spirit of innovation. The Creator gets deep satisfaction from both the process and the outcome of creating something that did not previously exist. This archetype trusts in the creative process above all else and lives for authentic self-expression. The inventor, artist, writer, and entrepreneur are representative of the Creator archetype.

But, as with every Archetype, the Creator has a shadow side and is often likely to get stuck and bogged down in a cycle of perfectionism. And, when stuck in perfectionism we find ourselves unable to move above our 'story' and into a radiant new vision of our destiny.

> When we think we're meant to be average or ordinary, our actions and our results will match that belief. Always.

All outer fortune begins with rescripting of our self-identity, maximizing our esteem and confidence. Then, optimizing our daily routines so we are empowered to consciously and consistently take forwarding action in support of the highest expression of our highest self.

Self-love and Self-respect = love and respect of our vision, love and respect of our craft. It's from acting from this space that we are free to give ourselves wholeheartedly to the fullness of our destiny.

Self-love and Self-respect begins through cultivating, practicing, and sustaining elevated emotions like gratitude, appreciation, thankfulness, inspiration, freedom, kindness, care, compassion, love, and joy for living.

When we commit to learning about, understanding, and managing our CREATIVE STATES more efficiently and effectively, we can achieve healthier relationships, improved prosperity, and creative freedom. Then, instead of responses of stress — responses that drain us of our energy — we can replace them with emotions that give us energy – living in the CREATIVE STATES that fill our spirit, and activate feelings of wholeness, connection, and vibrant creativity.

Understanding the power of our CREATIVE STATES is one of the foundations of DESTINY *writing* – providing you with a practice where you can create a quiet moment, find stillness in your body and mind, and write. As you practice DESTINY *writing*, make a point to notice your breath. Each time you take a breath, slow it down, place your awareness where your heart is, then practice cultivating those heightened, elevated CEATIVE STATES. Overtime, as you practice elevated emotional states, you'll likely discover your heart is open, you become more intuitive, more patient, more connected, more present, more forgiving, and more knowing.

The image provided below is THE EMOTIONAL GUIDANCE SCALE as created by Abraham Hicks. It is provided here to support you in learning ways to better understand and work with the emotional quality – CREATIVE STATES – expressed through your writing.

Please Note: I do not believe one emotional state to be better than another. What I do believe is that the best way to immerse ourselves in the true power of our creative consciousness is to feel everything. It is the power of emotions – when explored and expressed – that can guide us to better understand and many times lift us by revealing the dormant feelings blocking the view of our highest destiny.



You are what your deepest desire is. As your desire is, so is your intention. As your intention is, so is your will. As your will is, so is your deed. As your deed is, so is your destiny." ~ Unknown

WRITING PROMPTS FOR DAYS 8-14

This week is dedicated to developing a new definition of your power to create through foresight and intention – invigorating sovereignty, creativity and vision.

If you ask me what I came to do in this world, I, an artist, will answer: I am here to live out loud.

Emile Zola

DAY ONE

What is one 'live out loud' idea I have often dreamed of creating but have yet to act upon?What beliefs or feelings prevent me from taking action? You must find the place inside yourself where nothing is impossible.

Deepak Chopra

DAY TWO

What is one inner-strength I know that I have but seldom acknowledge?

How has that strength equipped me to create my future?

Let go of the way you think things should be to let in how truly spectacular things can be.

Marsh Engle

DAY THREE

It takes great trust to set aside the way 'things have been' to open to the call of a new destiny. This is courage. Even more, it's an honoring of your highest, most esteemed, soulful work.

How can I venture beyond any self-imposed limitations?

What is one way my life will positively transform as a result?

Even when we think we've lost our way we never really have. Even when we think we've forgotten, we somehow always remember.

Marsh Engle

DAY FOUR

There's a real joy in discovery. Sometimes your highest destiny lives in the dreams you never even knew you had.

If time, circumstances, or money had no influence or impact, what would I create?

In what way does this vision support the life I intend to create?

When you know your worth, is easy to recognize ways you've been settling.

Marsh Engle

DAY FIVE

I can't think of any better representation of true power than a woman who unafraid of being herself.

> What is one way I've been settling? What do I stand for that's non-negotiable?

It's not about getting it perfect. It's about being original.

Marsh Engle

DAY SIX

Soulful Self-advocating — being your own creative CHAMPION being TRUE to your soul's path and acting upon the very best next step requires focus, dedication, discernment. This what being original is all about.

What distractions prevent me from focusing on what truly matters? How can I simplify and hone the vision I desire to create? I didn't always know what I wanted to do, but I always knew the woman I wanted to be.

Diane Von Furstenberg

DAY SEVEN

With each creative word you whisper, with every empowered decision you make. And, all inspired steps you take. You are living your destiny.

> How does my authentic voice long to be heard? What new expression will I set free right now?